

SIGNATURE TREATMENTS AT **AMARENA**

MÍSTICO, PLAYA HERMOSA,
CENTRAL PACIFIC, COSTA RICA

THE SPA

Let the sound of the ocean
guide you into a state of deep
relaxation, where body and
mind gently unwind.



@amarencacostarica



RELAXATION MESSAGES

Designed to calm the mind and ease the body, these treatments invite you to slow down, unwind and reconnect.

RELAXATION



DEEP RELAXATION

50 min — \$90

90 min — \$135

A deeply calming experience designed to release tension and quiet the mind.

Slow, flowing movements ease the body into a state of complete relaxation, allowing you to fully unwind and reconnect.

AROMATIC ESCAPE

60 min — \$96

A sensory journey that combines therapeutic touch with the power of essential oils.

Designed to relax the body and uplift the spirit, this treatment restores balance while immersing you in a soothing, sensorial experience.

HOT STONE RITUAL

75 min — \$115

Warm stones glide across the body, melting away deep tension and promoting total relaxation.

The gentle heat penetrates the muscles, creating an immediate sense of calm and grounding.

RECOVERY MESSAGES

Designed to release deep tension and restore balance, these treatments focus on recovery, renewal, and overall wellbeing.

RECOVERY



DEEP TENSION RELEASE

50 min — \$110

90 min — \$140

A targeted treatment designed to release deep muscle tension and restore mobility.

Firm, intentional pressure works through areas of stress, relieving chronic discomfort and leaving the body feeling renewed.

RESTORATIVE THERAPY

60 min — \$105

A personalized treatment tailored to your body's specific needs.

Using a thoughtful combination of techniques, this ritual helps reduce stress, release tension, and restore overall balance and wellbeing.

THE FACIAL

Inspired by nature and designed cleanse,
renew, and restore your skin's natural glow

SKIN



RADIANCE BOOST

30 min — \$80

A refreshing treatment designed to cleanse, renew,
and restore your skin's natural glow.
This facial removes impurities and nourishes the
skin, leaving it healthy, balanced, and radiant.

THE SPA

AT



AMARENA

CANVAS BEACH HOTEL

RESERVATIONS



6411 – 6666

[CLICK HERE TO BOOK](#)



BOOK AT LEAST TWO HOURS IN ADVANCE

MÍSTICO